

Strasburg C-3

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| Nov - 1 NO SCHOOL TODAY | Nov - 2 BENEFIT BAR BAN/C wg CEREAL WG WHEAT TOAST APPLE JUICE 100% PINEAPPLE @MILK VARIETY | Nov - 3 SCRAMBLED EGGS wg CEREAL WG WHEAT TOAST APPLE JUICE 100% FRUIT COCKTAIL @MILK VARIETY | Nov - 4 OATMEAL MUFFIN,w wg CEREAL WG WHEAT TOAST APPLE JUICE 100% PEARS @MILK VARIETY | Nov - 5 CEREAL BAR,wg wg CEREAL WG WHEAT TOAST APPLE JUICE 100% PEACHES @MILK VARIETY |
| Nov - 8 NO SCHOOL TODAY | Nov - 9 BENEFIT BAR FRENC wg CEREAL WG WHEAT TOAST APPLE JUICE 100% MANDARIN ORANGE @MILK VARIETY | Nov - 10 BISCUIT & GRAVY,wg wg CEREAL WG WHEAT TOAST APPLE JUICE 100% PEACHES @MILK VARIETY | Nov - 11 BAGEL MINI,wg wg CEREAL WG WHEAT TOAST APPLE JUICE 100% PEARS @MILK VARIETY | Nov - 12 CINNAMON ROLLS,w wg CEREAL WG WHEAT TOAST APPLE JUICE 100% FRUIT COCKTAIL @MILK VARIETY |
| Nov - 15 NO SCHOOL TODAY PD DAY | Nov - 16 POPTART WG wg CEREAL WG WHEAT TOAST APPLE JUICE 100% PINEAPPLE @MILK VARIETY | Nov - 17 BLUEBERRY MUFFIN wg CEREAL WG WHEAT TOAST APPLE JUICE 100% PEARS @MILK VARIETY | Nov - 18 WAFFLES MINI,wg wg CEREAL WG WHEAT TOAST APPLE JUICE 100% PEACHES @MILK VARIETY | Nov - 19 DOUGHNUTwg wg CEREAL WG WHEAT TOAST APPLE JUICE 100% MANDARIN ORANGE @MILK VARIETY |
| Nov - 22 POPARTS ,wg wg CEREAL WG WHEAT TOAST APPLE JUICE 100% APPLESAUCE CUP @MILK VARIETY | Nov - 23 CEREAL BAR,wg wg CEREAL WG WHEAT TOAST APPLE JUICE 100% APPLE,fresh @MILK VARIETY | Nov - 24 NO SCHOOL TODAY | Nov - 25 NO SCHOOL TODAY | Nov - 26 NO SCHOOL TODAY |
| Nov - 29 NO SCHOOL TODAY TEACHER WORK DA | Nov - 30 BISCUIT & GRAVY,wg wg CEREAL WG WHEAT TOAST APPLE JUICE 100% PEACHES @MILK VARIETY | Dec - 1 CINNAMON TOAST,w wg CEREAL WG WHEAT TOAST APPLE JUICE 100% PEARS @MILK VARIETY | Dec - 2 OATMEAL SUNDAE,w wg CEREAL WG WHEAT TOAST APPLE JUICE 100% PINEAPPLE @MILK VARIETY | Dec - 3 DOUGHNUTwg wg CEREAL WG WHEAT TOAST APPLE JUICE 100% APPLESAUCE CUP @MILK VARIETY |

MENU SUBJECT TO CHANGE WITHOUT NOTICE!
 @MILK VARIETY LOW FAT 1% UNFLAVORED AND LOW FAT 1% FLAVORED
 "THIS INSTITUTION IS AN EQUAL OPPERTUNITY PROVIDER"

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.