

Strasburg C-3

Page 1

Aug 30, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 31	Sep - 1	Sep - 2	Sep - 3	Sep - 4
HARD BOILED EGG WG CEREAL WG WHEAT TOAST 100% APPLE JUICE PINEAPPLE @MILK VARIETY	BANANA BREAD SQU WG CEREAL WG WHEAT TOAST 100% APPLE JUICE PEACHES @MILK VARIETY	PB TOAST,wg WG CEREAL WG WHEAT TOAST 100% APPLE JUICE PEARS DICED JUICE @MILK VARIETY	NUTRIGRAIN BAR,wg WG CEREAL WG WHEAT TOAST 100% APPLE JUICE FRUIT COCKTAIL @MILK VARIETY	BAGEL MINI,wg WG CEREAL WG WHEAT TOAST 100% APPLE JUICE APPLESAUCE CUP @MILK VARIETY
Sep - 7	Sep - 8	Sep - 9	Sep - 10	Sep - 11
NO SCHOOL TODAY	WAFFLES MINI,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE PEACHES @MILK VARIETY	BAGEL MINI,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE PEARS DICED JUICE @MILK VARIETY	SCRAMBLED EGGS CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE PINEAPPLE @MILK VARIETY	OATMEAL,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE APPLESAUCE CUP @MILK VARIETY
Sep - 14	Sep - 15	Sep - 16	Sep - 17	Sep - 18
OATMEAL MUFFIN,w CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE PEARS DICED JUICE @MILK VARIETY	WAFFLES MINI,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE FRUIT COCKTAIL @MILK VARIETY	CINNAMON ROLLS CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE PINEAPPLE @MILK VARIETY	BREAKFAST PIZZA w CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE PEACHES @MILK VARIETY	BAGEL MINI,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE APPLE,fresh @MILK VARIETY
Sep - 21	Sep - 22	Sep - 23	Sep - 24	Sep - 25
BISCUIT & GRAVY,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE FRUIT COCKTAIL @MILK VARIETY	SCRAMBLED EGGS CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE MANDARIN ORANGE @MILK VARIETY	WAFFLES MINI,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE PEARS DICED JUICE @MILK VARIETY	NUTRIGRAIN BAR,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE PEACHES @MILK VARIETY	BAGEL MINI,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE CHERRIES DRIED @MILK VARIETY
Sep - 28	Sep - 29	Sep - 30	Oct - 1	Oct - 2
BISCUIT & GRAVY,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE FRUIT COCKTAIL @MILK VARIETY	OATMEAL,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE PEACHES @MILK VARIETY	YOGURT CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE APPLESAUCE CUP @MILK VARIETY	CINNAMON TOAST,w CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE PEARS DICED JUICE @MILK VARIETY	WAFFLES MINI,wg CEREAL,wg WG WHEAT TOAST 100% APPLE JUICE PINEAPPLE @MILK VARIETY

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 31 CHEESE SANDWICH, CHICKEN PARMESA SPINACH PINEAPPLE @MILK VARIETY	Sep - 1 SUNBUTTER SANDW HAM SANDWICH,wg CORN PEACHES @MILK VARIETY	Sep - 2 SUNBUTTER SANDW SPAGHETTI,wg GARLIC TOAST,wg GREEN BEANS PEARS DICED @MILK VARIETY	Sep - 3 SUNBUTTER SANDW CHICKEN QUESA,wg BLACK BEANS FRUIT COCKTAIL @MILK VARIETY	Sep - 4 SUNBUTTER SANDW HAMBURGER,wg CARROTS APPLESAUCE CUP @MILK VARIETY
Sep - 7 NO SCHOOL TODAY	Sep - 8 CHEESE SANDWICH, BBQ PORK SANDWIC VEGETARIAN BEANS PINEAPPLE @MILK VARIETY	Sep - 9 SUNBUTTER SANDW TURKEY AND NOODL BROCCOLI CAULIFLOWER PEARS DICED JUICE @MILK VARIETY	Sep - 10 SUNBUTTER SANDW HAMBURGER,wg PEAS PEACHES @MILK VARIETY KETCHUP MUSTARD	Sep - 11 SUNBUTTER SANDW CHEESE PIZZA wg CARROTS APPLESAUCE CUP @MILK VARIETY
Sep - 14 CHEESE SANDWICH, BBQ RIB SANDWICH, VEGETARIAN BEANS PEARS DICED JUICE @MILK VARIETY	Sep - 15 CHEESE SANDWICH, TUNA AND NOODLES SPINACH FRUIT COCKTAIL @MILK VARIETY	Sep - 16 SUNBUTTER SANDW BEEF NACHOS,wg CORN PINEAPPLE @MILK VARIETY	Sep - 17 SUNBUTTER SANDW CHEESE LASAGNA,w GREEN BEANS PEACHES @MILK VARIETY	Sep - 18 SUNBUTTER SANDW CHICKEN SANDWICH CARROT STICKS APPLE,fresh @MILK VARIETY KETCHUP MAYONNAISE
Sep - 21 CHEESE SANDWICH, PORK CHOP,wg 1/2 BREAD & BUTTE CORN FRUIT COCKTAIL @MILK VARIETY	Sep - 22 CHEESE SANDWICH, TACO SALAD BLACK BEANS MANDARIN ORANGE @MILK VARIETY	Sep - 23 SUNBUTTER SANDW GROUND BEEF & MA BREAD AND BUTTER SPINACH PEARS DICED JUICE @MILK VARIETY	Sep - 24 SUNBUTTER SANDW PIZZA PEPPERONI w GREEN BEANS PEACHES @MILK VARIETY	Sep - 25 SUNBUTTER SANDW HOTDOG ON A BUN, CARROT STICKS CHERRIES DRIED @MILK VARIETY
Sep - 28 CHEESE SANDWICH, CHICKEN NUGGETS, SPINACH FRUIT COCKTAIL @MILK VARIETY KETCHUP	Sep - 29 CHEESE SANDWICH, MEATBALL SUB,wg GREEN BEANS PEACHES @MILK VARIETY	Sep - 30 SUNBUTTER SANDW HAMBURGER,wg PEAS APPLESAUCE CUP @MILK VARIETY KETCHUP MUSTARD	Oct - 1 SUNBUTTER SANDW TUNA AND NOODLES CARROTS PEARS DICED JUICE @MILK VARIETY	Oct - 2 SUNBUTTER SANDW BBQ PORK SANDWIC VEGETARIAN BEANS PINEAPPLE @MILK VARIETY

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 *- denotes combined nutrient totals with either missing or incomplete nutrient data.

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