

# Strasburg C-3

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 CINNAMON TOAST CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEACHES @MILK VARIETY	Jan - 4 NUTRIGRAIN BAR CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEARS @MILK VARIETY
Jan - 7 BISCUIT AND GRAVY CEREAL WG WHEAT TOAST 100% ORANGE JUICE PINEAPPLE @MILK VARIETY	Jan - 8 SCRAMBLED EGGS CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEACHES @MILK VARIETY	Jan - 9 TRI TATOR CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEARS @MILK VARIETY	Jan - 10 PANCAKES PANCAKE SYRUP CEREAL WG WHEAT TOAST 100% ORANGE JUICE FRUIT MIX @MILK VARIETY	Jan - 11 TOAST AND JAM CEREAL WG WHEAT TOAST 100% ORANGE JUICE MANDARIN ORANGE @MILK VARIETY
Jan - 14 BISCUIT AND GRAVY CEREAL WG WHEAT TOAST 100% ORANGE JUICE PINEAPPLE @MILK VARIETY	Jan - 15 PANCAKE SAUSAGE CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEACHES @MILK VARIETY	Jan - 16 SCRAMBLED EGGS CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEARS @MILK VARIETY	Jan - 17 Banana Crumb Muffin CEREAL WG WHEAT TOAST 100% ORANGE JUICE FRUIT MIX @MILK VARIETY	Jan - 18 OATMEAL SUNDAE CEREAL WG WHEAT TOAST 100% ORANGE JUICE APPLESAUCE CUP @MILK VARIETY
Jan - 21 NO SCHOOL TODAY	Jan - 22 CEREAL BAR CEREAL WG WHEAT TOAST 100% ORANGE JUICE PINEAPPLE @MILK VARIETY	Jan - 23 OATMEAL SUNDAE CEREAL WG WHEAT TOAST 100% ORANGE JUICE CHERRIES @MILK VARIETY	Jan - 24 EGG PATTY CEREAL WG WHEAT TOAST 100% ORANGE JUICE MANDARIN ORANGE @MILK VARIETY	Jan - 25 CINNAMON TOAST CEREAL WG WHEAT TOAST 100% ORANGE JUICE APPLESAUCE CUP @MILK VARIETY
Jan - 28 BISCUIT AND GRAVY CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEACHES @MILK VARIETY	Jan - 29 OATMEAL SUNDAE CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEARS @MILK VARIETY	Jan - 30 CEREAL BAR CEREAL WG WHEAT TOAST 100% ORANGE JUICE PINEAPPLE @MILK VARIETY	Jan - 31 CINNAMON TOAST CEREAL WG WHEAT TOAST 100% ORANGE JUICE MANDARIN ORANGE @MILK VARIETY	Feb - 1 DOUGHNUT CEREAL WG WHEAT TOAST 100% ORANGE JUICE FRUIT MIX @MILK VARIETY

@unflavored 1% white and flavored fat free chocolate.

Menu subject to change without notice!

"This Institution is an equal opportunity provider."

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 CHEESE SANDWICH FISH STICKS SPINACH PEACHES @MILK VARIETY	Jan - 4 SUNBUTTER SANDW PIZZA CRUNCHERS BLACK BEANS PEARS @MILK VARIETY
Jan - 7 CHEESE SANDWICH SWEET&SOUR CHIC RICE BROCCOLI PINEAPPLE @MILK VARIETY	Jan - 8 CHEESE SANDWICH COUNTRY FRIED BE MASHED POTATOES WHITE GRAVY CORN PEACHES HOTROLL (1OZ) @MILK VARIETY	Jan - 9 SUNBUTTER SANDW MEATBALL SUB BLACK EYED PEAS PEARS @MILK VARIETY	Jan - 10 SUNBUTTER SANDW CHICKEN AND NOOD CARROTS FRUIT MIX @MILK VARIETY	Jan - 11 SUNBUTTER SANDW HOT HAM AND CHEE GREEN BEANS MANDARIN ORANGE @MILK VARIETY
Jan - 14 CHEESE SANDWICH MANDARIN CHICKEN RICE BROCCOLI PINEAPPLE @MILK VARIETY	Jan - 15 SUNBUTTER SANDW SALISBURY STEAK MASHED POTATOES BROWN GRAVY PEAS PEACHES HOTROLL (2 OZ) @MILK VARIETY	Jan - 16 SUNBUTTER SANDW TURKEY AND NOODL CARROTS PEARS @MILK VARIETY	Jan - 17 SUNBUTTER SANDW BBQ PORK SANDWIC VEGETARIAN BEANS FRUIT MIX @MILK VARIETY	Jan - 18 SUNBUTTER SANDW ITALIAN SUB GREEN BEANS APPLESAUCE CUP @MILK VARIETY
Jan - 21 NO SCHOOL TODAY	Jan - 22 CHEESE SANDWICH MEATBALL SUB LIMA BEANS PINEAPPLE @MILK VARIETY	Jan - 23 CHEESE SANDWICH CF STEAK SANDWIC BROCCOLI CHERRIES @MILK VARIETY MAYONNAISE KETCHUP	Jan - 24 CHEESE SANDWICH CHICKEN FAJITA BLACK EYED PEAS MANDARIN ORANGE @MILK VARIETY	Jan - 25 SUNBUTTER SANDW TURKEY ROLL UP CARROTS APPLESAUCE CUP @MILK VARIETY MAYONNAISE MUSTARD PC
Jan - 28 CHEESE SANDWICH SLOPPY JOE GREEN BEANS PEACHES @MILK VARIETY	Jan - 29 CHEESE SANDWICH TACO SALAD BLACK EYED PEAS PEARS @MILK VARIETY	Jan - 30 SUNBUTTER SANDW BBQ PORK SANDWIC CARROTS PINEAPPLE @MILK VARIETY	Jan - 31 SUNBUTTER SANDW HOT TURKEY SAND PEAS MASHED POTATOES MANDARIN ORANGE @MILK VARIETY	Feb - 1 SUNBUTTER SANDW TUNA SALAD SANDW SPINACH FRUIT MIX @MILK VARIETY

@unflavored 1% white and flavored fat free chocolate.

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