

# Strasburg C-3

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 29 POP TARTS, FROSTE CEREAL WG WHEAT TOAST 100% ORANGE JUICE RAISINS @MILK VARIETY	Jan - 30 CINNAMON TOAST CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEARS @MILK VARIETY	Jan - 31 OATMEAL CEREAL WG WHEAT TOAST 100% ORANGE JUICE MANDARIN ORANGE @MILK VARIETY	Feb - 1 YOGURT CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEACHES @MILK VARIETY	Feb - 2 BAGEL MINI STRAWB CEREAL WG WHEAT TOAST 100% ORANGE JUICE APRICOTS @MILK VARIETY
Feb - 5 BISCUIT AND GRAVY CEREAL WG WHEAT TOAST 100% ORANGE JUICE FRUIT MIX @MILK VARIETY	Feb - 6 OATMEAL SUNDAE CEREAL WG WHEAT TOAST 100% ORANGE JUICE APRICOTS @MILK VARIETY	Feb - 7 SCRAMBLED EGGS CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEACHES @MILK VARIETY	Feb - 8 OATMEAL MUFFIN CEREAL WG WHEAT TOAST 100% ORANGE JUICE MANDARIN ORANGE @MILK VARIETY	Feb - 9 CINNAMON TOAST CEREAL WG WHEAT TOAST 100% ORANGE JUICE RAISINS @MILK VARIETY
Feb - 12 BISCUIT AND GRAVY CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEARS @MILK VARIETY	Feb - 13 WAFFLES MINI CEREAL WG WHEAT TOAST 100% ORANGE JUICE APPLESAUCE CUP @MILK VARIETY	Feb - 14 CINNAMON TOAST CEREAL WG WHEAT TOAST 100% ORANGE JUICE APPLE, fresh @MILK VARIETY	Feb - 15 HARD BOILED EGG CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEACHES @MILK VARIETY	Feb - 16 TOAST AND JAM CEREAL WG WHEAT TOAST 100% ORANGE JUICE APRICOTS @MILK VARIETY
Feb - 19 NO SCHOOL TODAY	Feb - 20 CEREAL BAR CEREAL WG WHEAT TOAST 100% ORANGE JUICE MANDARIN ORANGE @MILK VARIETY	Feb - 21 BISCUIT AND GRAVY CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEARS @MILK VARIETY	Feb - 22 BAGEL MINI STRAWB CEREAL WG WHEAT TOAST 100% ORANGE JUICE FRUIT MIX @MILK VARIETY	Feb - 23 PANCAKES PANCAKE SYRUP CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEACHES @MILK VARIETY
Feb - 26 SCRAMBLED EGGS CEREAL WG WHEAT TOAST 100% ORANGE JUICE PINEAPPLE @MILK VARIETY	Feb - 27 BISCUIT AND GRAVY CEREAL WG WHEAT TOAST 100% ORANGE JUICE RAISINS @MILK VARIETY	Feb - 28 PEANUT BUTTER TO CEREAL WG WHEAT TOAST 100% ORANGE JUICE SLICED APPLES @MILK VARIETY	Mar - 1 OATMEAL SUNDAE CEREAL WG WHEAT TOAST 100% ORANGE JUICE FRUIT MIX @MILK VARIETY	Mar - 2 CINNAMON TOAST CEREAL WG WHEAT TOAST 100% ORANGE JUICE PEARS @MILK VARIETY

@unflavored 1% white and flavored fat free chocolate.

Menu subject to change without notice!

"This Institution is an equal opportunity provider."

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 29 WG CHEESE SANDW CHICKEN SANDWICH SPINACH RAISINS @MILK VARIETY KETCHUP	Jan - 30 WG CHEESE SANDW CHICKEN ALFREDO CARROTS PEARS @MILK VARIETY	Jan - 31 SUNBUTTER SANDW SWEET AND SOUR P RICE BLACK EYED PEAS MANDARIN ORANGE @MILK VARIETY	Feb - 1 SUNBUTTER SANDW BBO PORK SANDWIC CORN PEACHES @MILK VARIETY	Feb - 2 SUNBUTTER SANDW CNTRY FRIED STEAK GREEN BEANS APRICOTS @MILK VARIETY
Feb - 5 WG CHEESE SANDW CHICKEN ALFREDO BROCCOLI FRUIT MIX @MILK VARIETY	Feb - 6 WG CHEESE SANDW BEEF TACO PIE BLACK BEANS APRICOTS @MILK VARIETY	Feb - 7 WG CHEESE SANDW BBO RIB SANDWICH SUN CHIPS CARROTS PEACHES @MILK VARIETY	Feb - 8 SUNBUTTER SANDW SWEET AND SOUR P RICE CAULIFLOWER MANDARIN ORANGE @MILK VARIETY	Feb - 9 SUNBUTTER SANDW HAMBURGER CORN RAISINS @MILK VARIETY KETCHUP
Feb - 12 WG CHEESE SANDW CF STEAK SANDWIC SPINACH PEARS @MILK VARIETY	Feb - 13 WG CHEESE SANDW BEEF & BEAN TAMAL CORN APPLESAUCE CUP @MILK VARIETY	Feb - 14 UNCRUSTABLES PB SUNCHIPS CARROT STICKS APPLE, fresh @MILK VARIETY	Feb - 15 WG CHEESE SANDW CHILI FRITO PIE PINTO BEANS PEACHES @MILK VARIETY	Feb - 16 WG CHEESE SANDW SUB SANDWICH CAULIFLOWER APRICOTS @MILK VARIETY
Feb - 19 NO SCHOOL TODAY	Feb - 20 WG CHEESE SANDW GROUND BEEF & MA GARLIC TOAST CORN MANDARIN ORANGE @MILK VARIETY	Feb - 21 WG CHEESE SANDW ITALIAN SUB BROCCOLI CAULIFLOWER PEARS @MILK VARIETY	Feb - 22 SUNBUTTER SANDW BEAN SOUP CORNBREAD CARROTS FRUIT MIX @MILK VARIETY	Feb - 23 SUNBUTTER SANDW MEATBALL SUB BLACK EYED PEAS PEACHES @MILK VARIETY
Feb - 26 WG CHEESE SANDW BEEF STEW BREAD AND BUTTER BROCCOLI PINEAPPLE @MILK VARIETY	Feb - 27 WG CHEESE SANDW WG TUNA SALAD SA CARROTS RAISINS @MILK VARIETY	Feb - 28 SUNBUTTER SANDW BEEF & BEAN TAMAL CORNBREAD PINTO BEANS SLICED APPLES @MILK VARIETY	Mar - 1 SUNBUTTER SANDW HAM AND CHEESE S CAULIFLOWER FRUIT MIX @MILK VARIETY MAYONNAISE MUSTARD	Mar - 2 SUNBUTTER SANDW HAMBURGER CORN PEARS @MILK VARIETY KETCHUP

@unflavored 1% white and flavored fat free chocolate.  
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