



STRASBURG SCHOOL DISTRICT

Dear Parent or Guardian:

August 2016

A preventive oral health program is available through a partnership between the Strasburg School District, Cass Community Health Foundation/Cass County Dental Clinic and the Missouri Department of Health and Senior Services. This program is offered to all children in the state of Missouri, including those who receive regular dental care.

All children will receive a free dental screening by a licensed dental professional, oral health education and free oral hygiene supplies (toothbrush and toothpaste). With your consent, a trained volunteer will apply a thin coating of fluoride varnish to your child's teeth to help prevent tooth decay. Fluoride varnish has been proven to be safe and effective in preventing tooth decay and will be applied twice during the school year. (Please see the back of this form for more information on fluoride varnish.)

All children will receive a dental screening. To receive two free fluoride varnish applications, you must provide consent.

PLEASE RETURN THE COMPLETED CONSENT FORM BY SEPTEMBER 15th.

YES, I want my child to receive two applications of fluoride varnish, approximately 3-6 months apart.

NO, I do not want my child to receive two fluoride varnish applications.

YES, I authorize the Strasburg School District to share the information provided with Cass County Dental Clinic to coordinate follow-up care (for those who mark "Medicaid" or "No Dental Insurance" below).

Child's Name: Grade:

Date of Birth: Male: Female: Race/Ethnicity:

Dental Insurance Status: Private Insurance Medicaid No Dental Insurance

Address:

Phone #: (home/cell/work) Alt. Phone #: (home/cell/work) Please Circle # Type

Health History: Has your child ever had serious health problems? Yes: No: If yes, please explain:

Does your child have any allergies? Yes: No: If yes, please list:

Parent/Guardian Signature: Date

*** This service does not replace a regular dental check-up, which is recommended at least once a year. *** If you have questions about this program, please contact Katie with Cass Community Health Foundation at 816-276-4812.

LET'S HELP STOP TOOTH DECAY WITH FLUORIDE VARNISH

What is fluoride varnish?

- Fluoride varnish is a thick liquid painted on the teeth with a small disposable brush.
- It strengthens tooth enamel and can help prevent dental decay.
- The fluoride varnish is bubblegum flavored.
- Easy to apply and dries quickly
- Free to children
- Can be applied by a trained non-dental individual
- Twice -a- year application done at the school

Why should my child get fluoride varnish?

- Fluoride strengthens the teeth and can reverse the early decay process on a tooth
- Fluoride varnish is one of the most effective ways to prevent tooth decay, if applied regularly

Why do kids need fluoride?

- Dental caries (tooth decay) is the most common childhood disease
- U.S. children miss over 51 million hours of school because of dental problems
- Tooth decay is a common preventable disease.
- Cavities in baby and permanent teeth can cause pain and prevent children from eating, speaking, sleeping, and learning properly.
- It is important to protect both primary (baby) teeth and permanent teeth.
- Children don't lose all of their primary teeth until age 12 or older.

How long does the varnish last?

- The effects of the fluoride last for several months.
- The fluoride varnish is brushed off the teeth the morning after the application.

Who should get fluoride varnish?

- Fluoride varnish is for *anyone* who has risk factors for tooth decay, such as:
 - A person that has had tooth decay
 - Wears orthodontic appliances
 - Has white spots on teeth
 - Frequently drinks sports drinks, soda, and other sugary beverages
 - Frequently chews sugar gum or eats candy and other sweets
 - Has a disability which hinders the ability to take care of teeth
 - Has a parent or family member who has had tooth decay

Fluoride varnish is both safe & beneficial for all ages.

*The application of fluoride varnish does not replace a comprehensive oral examination by your dentist,
which is recommended once a year. *

